

# ESSENCE APPETIZER MENU

All appetizers are priced per dozen (unless noted) with a minimum order of one dozen per item.

Food is presented in foil containers ready for heating or plating. Items can be plated on your serving ware or ours.

## ~HOT APPETIZERS~

### MEAT & POULTRY

CHORIZO EMPANADAS ~ \$18

PARMESAN CRUSTED CHICKEN SKEWERS ~ \$20

SUGAR GLAZED BACON ~ \$12

MINI QUICHE LORRAINE ~ \$18

### SEAFOOD

MINI LUMP CRAB CAKES ~ \$30

### VEGETARIAN

SMALL BAKED BRIE IN PUFF PASTRY ~ \$10 EACH

BAKED GREEN OLIVES IN PUFF PASTRY ~ \$15

CHEDDAR DATES ~ \$15

PHYLLO TRIANGLES ~\$20

ROASTED VEGETABLE MINI QUICHE ~ \$18

ROASTED PEAR AND BLUE CHEESE CROSTINI ~ \$18

GOAT CHEESE & CARAMELIZED ONION TARTS ~ \$15

SPINACH AND FETA EMPANADAS ~\$18

## ~COLD APPETIZERS~

### MEAT & POULTRY

COLD CUTS ~ MEAT & CHEESE TRAY ~ ASK

BEEF & ASPARAGUS BUNDLES ~ \$20

PROSCIUTTO WRAPPED ASPARAGUS ~ \$15

### SEAFOOD

SHRIMP & SPICY COCKTAIL SAUCE ~ ASK

### VEGETARIAN

GARDEN VEGETABLE TRAY W/ DIP~ ASK

STUFFED TOMATOES ~ \$18 DOZEN

CAPRESE CROSTINI ~ \$18 DOZEN

CUCUMBER ROUNDS WITH ROASTED TOMATOES ~ \$15

### TEA SANDWICHES

HERBED CHEESE & CUCUMBER ~ \$15 DOZEN

SMOKED SALMON ~\$17 DOZEN

\*THERE IS A 2 DOZEN MINIMUM ON TEA SANDWICHES

### DELICIOUS DIPS & SPREADS

ESSENCE HUMMUS ~ \$7.95 #

BLACK BEAN QUINOA ~ \$7.95 #

HERBED CHEESE ~ \$7.95#

FRESH SALSA ~ \$5.95#

FRENCH BAGUETTE & OLIVE OIL ~ \$ 3.00 PP

ASSORTED CHUTNEYS, COMPOTES, TAPENADES, CAPONATAS, PEPPER JAMS, AND PICKLED VEGETABLES AVAILABLE...A VARIETY OF SNACK CRACKERS AND CRISPS ~ PRICES VARY~

### HOUSE ROASTED SPECIALTY NUTS

SPICED PECANS ~ \$7.95 #

ROSEMARY CASHEWS ~ 9.95 #

## ~DESSERT OPTIONS~

LEMON CURD TARTS \$15 DOZEN

MINI ESSENCE ORGANIC COOKIES \$4.50 DZ.

DIPPED STRAWBERRIES \$1.50 EA.

DIPPED STEMMED CHERRIES \$.80 EA.

ASSORTED CHOCOLATE MOOSE CHOCOLATES AND TRUFFLES ~ \$1.50 EACH

Our kitchen staff is quite talented and able to work magic with your ideas too!! Just ask...

In general, allow one dozen pieces per person for a cocktail party, 6 to 8 per person if dinner will follow.

Kindly allow 48 hour notice for appetizer orders. Chocolate items require one week notice. Prices are subject to change.